

# BODYtissue service

We welcome you to the ultimate personal touch in bespoke mobile massage & beauty treatments for luxury hotels, exclusive residents and corporate businesses in London.

All our therapies are the culmination of many years of hands-on experience and training. Many of our therapies are a fusion of East and West, taking the best and most relevant parts from each tradition. Our therapies are adaptable and therapists can add their own 'signature' to it providing you with a unique therapy experience.

How we adapt your treatment depends on how **you** would like to feel after the treatment. **Relaxed, revived, renewed, balanced, rescued or supported?** Our therapies are designed for both women and men.

Simply call us seven days a week and the friendly BTS team will organise the booking or event for you.

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**Mobile Massage & Beauty Therapy Service**

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## Traditional Rescue Massages

### Holistic/Swedish\*, from £77 (60min)



The BTS classic therapy can be enjoyed at any time of the day or night, by women and men of all ages. Considering the whole greater than the sum, allows your BTS therapist to personalize the massage to ensure maximum benefits to each and every client.

### Deep Tissue\*, from £77 (60min)

The skilled application of focused pressure will melt away your tension, restore flexibility, eliminate pain and bring balance to your body.

### Traditional Thai, from £77 (60min)



An ancient system of healing with its roots in the Far East. This unique and complete system of therapy combines rhythmic massage, acupressure, gentle twisting, deep stretching and meditation.

### Shiatsu, from £77 (60min)

This treatment originates from Japan. It works on the principle of enhancing the flow of vital energy - Ki - through the meridians of the body and in doing so allowing the body to re-dress the physical and/or emotional as well as spiritual discomfort.

### Sports Massage\*, from £77 (60min)

The emphasis of a Sports Massage varies depending on the schedule of the client. Clients requesting a Sports Massage should be aware that the treatment is not always relaxing and that co-operation and feedback between client and therapist is a fundamental part of the massage.

### Indian Head, from £77 (60min)



This is a technique of manipulating soft tissue in the upper back, shoulders, arms, neck, scalp and face. Because the areas store a great deal of the anxiety that accumulates in everyday life, you will benefit from a truly cleaning and re-energizing treatment.

### Reflexology\*, from £77 (60min)

Put your feet up, sit back and reap the therapeutic effects of this Pressure point massage. Skilled hands will work on the reflex points in your feet, encouraging well-being and add 'pep' to your step.

### On-Site, from £77 (60min)

The flexibility of on-site massage to BTS clients is the freedom to have a seated, clothed, oil free experience at your place of work, at a conference or before performing. Each treatment and time can be tailored to your requirements.

\* can be combined with essential oils of your choice

## Bespoke Massages (with the very finest essential oils)

### Light Relax, from £87 (60min)



Slow down and unwind with our Light Relax Therapy for general relaxation. This will relax and soothe your body and mind. Your unique massage experience will ease away the day's stresses and strains, and bring your body and mind back into balance.

### Deep Relax, from £87 (60min)

Our Deep Relax therapy is grounding as it calms and balances the emotions and stimulates an exhausted immune system as well as gently aids circulation.

This massage brings body and mind back into balance and eases away the day's stresses and strains.

### Revive Morning, from £87 (60min)

An uplifting massage experience; after a long flight, before a meeting or social event, or simply to get you started in the morning. Invigorate and energise your body and mind, and cleanse and rejuvenate your body. If you feel weary and need to perk up in the mornings then this is for you.

### Revive Evening, from £87 (60min)

If you are feeling tired in the afternoon or evening and need to keep going then try our highly recommended Revive Evening Massage. It will get you into a fantastic party mood and will really lift you up. Simply feel good about yourself and revive your spirits.

### Revive Jetlag, from £87 (60min)

We have developed for you this specialised treatment with added focus on areas of the body needing extra care and attention. This therapy involves additional, deeper massage movements and specific pressure point massage tailored to the treatment to ensure real therapeutic results.

### De-Stress Mind, from £87 (60min)



Clear your mind from stress, emotional exhaustion or overtiredness with our De-Stress Mind Therapy. It will help you to focus the mind again. This is for those with a demanding emotional lifestyle or need to take a little time out from the day and come up for air.

### De-Stress Muscle, from £87 (60min)



We recommend our De-Stress Muscle Therapy after physical stresses and to recharge your batteries. This therapy is immensely warming and energising. Those who spend too much time sitting at the desk or standing on the feet and regular sports people and gym enthusiasts should experience this massage.

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## Renew Rose, from £87 (60min)



Try Renew Rose Massage if you have dry, devitalized or stressed skin. Or if you simply just want to pamper your skin. This treatment is women and men who really like to look after themselves. It is also ideal and safe for pregnant and breast feeding women.

## Support Equilibrium, from £87 (60min)



Balance your emotions and lift your spirits with this special floral blend of essential oils and get yourself back on an even keel. This massage is perfect when you need to introduce a sense of balance to your life or when you feel like you've got fearful moments coming on.

## Support Breathe Easy, from £87 (60min)



Our Breathe Easy Massage brings you back to life as it is clearing, cleansing, refreshing. For those who want to maintain a clear nose and chest or need an instant perk up.

## Support Lavender & Peppermint, from £87 (60min)



Are you a lavender lover? A lovely caring and soothing treatment with a beautiful lavender aroma and with the added cooling effects of peppermint this therapy will be welcomed after a long day in the sun.

## Support Supersensitive, from £87 (60min)



This is an exceptionally gentle and comforting massage for supersensitive skin that needs particular care. The body oil used is an extra mild blend for delicate, sensitive skin. It is a safe and suitable treatment on adults, children and babies over 3 months.

## Bespoke Beauty Therapy

## Renew Express Facial, from £37.50 (30min)



Suitable for dry, dehydrated, mature or delicate skin. Embrace the uniqueness of your skin and the vital, regenerative properties of Rose oil and natural plant extracts. This facial will leave you with a heightened sense of well being, relaxed yet uplifted.

## Renew Radiance Facial, from £75 (60min)



Cleansing, toning, exfoliation and application of a hydrating mask are topped with a relaxing head, face, neck, shoulders, hand and arm massage. It softens, moisturizes and nourishes using natural Damask Rose Water leaving you skin toned, polished, delicately scented and radiant.

## Renew Anti-Age Facial, from £112.50 (90min)



This 90 minute facial is specially designed for mature, dry and devitalized skins and includes a back massage. A hydrating and rejuvenating gel and a mud musk with a relaxing yet firming facial massage that concentrates on the areas most affected by the ageing process.

## Renew Manicure, from £30 (30min)



Keep your hands looking well groomed and polished. With specially selected essential oils to support circulation and re-invigorate those parts of your body that work so hard for you.

## Renew Pedicure, from £30 (30min)



Let your feet rest in comfort while your skin is nurtured with the regenerative and hydrating properties of Damask Rose water and while your mind takes pleasure in its enriching and heartening aroma.

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## Express Balance Facial, from £37.50 (30min)



Our hands-on Facial uses the skin enhancing properties, and regulating and soothing effects of pure Lavender, Tea-Tree and Ylang Ylang essential oils. Recommended for normal, combination and oily skin. Very popular with and good for men.

## Balance Facial, from £75 (60min)



This pore refining facial aids to condition the skin and balances the skins natural oils, leaving your skin feeling fresh, soft and clean. Tailored for normal, oily, blemished and combination skin. Very popular with and good for men.

## Balance Deep Cleanse Facial, from £112.50 (90min)



A deep cleansing, pore refining facial using the natural antiseptic properties of Lavender and Tea Tree essential oils to condition the skin and balance its' natural oils. Includes a facial drainage massage.

## Balance Manicure, from £30 (30min)



The properties of our Balance product range and the expertise of our beauticians all contribute to keeping your hands looking well groomed and fresh.

## Balance Pedicure, from £30 (30min)



Balance your feet and keep them looking well groomed and polished after a long, hard day with specially selected essential oils to support circulation and re-invigorate those parts of your body that work so hard for you.

*"Simply one of the best massages I have ever had...a world class massage taking you away from your stresses and to a place where inner peace can be found".*

Margit Klahr-Bender, Business Consultant

*"If you are seeking top therapists, providing a professional, reliable and tailor-made service - look no further!*

George Murray, Former Head Concierge, Four Seasons

## BTS in Details

- **Gift vouchers** are available for treatments, treatment packages and **home care products**; to book gift vouchers and products online please visit [www.bodytissue.com/store](http://www.bodytissue.com/store). Alternatively simply call us on **020 7000 1900**
- **Special treatment courses** at a preferred client rate are available on request
- Services are available seven days a week
- There is a minimum call out time of 1 hour
- An additional service charge of at least £20 may apply for hotel visits
- We accept all major debit and credit cards including American Express
- Our time is valuable not only to you and our other clients. Please respect this and give the required notice of cancellation of only 2 hours! A cancellation fee of 100% may be charged
- Our therapists are fully qualified, have many years of experience, and are fully uniformed and insured. The therapists will bring a portable massage table, a futon or an ergonomic onsite chair
- For hygienic reasons we advise you supply your own towelling
- We request parental permission for any client under the age of 16
- By law it is required to carry out a health consultation prior to the treatment and a client signature is required
- Please respect our professional therapists at all times.

With kind regards,  
Your BTS Team

